



WPB 9/30

Weekly Practice Builder

In response to increasing demand from Practitioners, Biotics Research Corporation has developed the Weekly Practice Builder program to bring important, leading-edge information and literature to you, thereby helping facilitate the growth of your practice through improved patient outcomes. Biotics Research Corporation products are available exclusively through Healthcare Providers.

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Our featured supplement of the week is **Beta-TCP™**

Why do your patients need Beta-TCP™? As a direct result of the Standard American Diet (SAD), gallbladder problems are rampant in modern society. Traditionally, many practitioners have supplemented those with gallbladder issues with products containing bile salts, such as Beta Plus™. While bile salts have helped a great number of patients support normal digestive processes, they do not benefit those patients without bile insufficiency. Some patients produce adequate levels of bile; however, the bile they produce is too thick and thus may result in biliary stasis. Intolerances for fried or fatty meals, gas, bloating, constipation, post-prandial referred pain to the scapula, etc. are all functional signs that biliary function may be altered.

Why choose Beta-TCP™ from Biotics Research Corporation? For over 10 years, **Beta-TCP™** has been the supplement of choice for practitioners supporting biliary motility. Each tablet of **Beta-TCP™** supplies 100 mg of organic whole beet concentrate (a natural source of betaine) combined with pancrealipase, taurine, vitamin C, as well as super oxide dismutase and catalase – two very important antioxidant enzymes. Conveniently dosed at 1 to 3 tablets per meal, **Beta-TCP™** is available in bottles of 90 & 180 tablets. As always, you can count on Biotics Research Corporation to offer superior nutritional products supplying "The Best of Science and Nature".



Studies You Should Know About

Omega-3 fatty acids may protect diabetic hearts. A recent Iranian study found that daily supplementation of diabetic patients with omega-3 fatty acids cuts levels of homocysteine significantly: 22 per cent, compared to less than 1 per cent amongst the placebo group. Researchers from the Tehran University of Medical Sciences concluded that diabetic patients should be encouraged to consume omega-3 supplements daily in order to decrease their already elevated risk of heart disease. *Pooya S, Jalali MD, Jazayeri AD, Saedisomeolia A, Eshraghian MR, Toorang F. "The efficacy of omega-3 fatty acid supplementation on plasma homocysteine and malondialdehyde levels of type 2 diabetic patients." Nutrition, Metabolism and Cardiovascular Diseases. 2009.04.002.*

Vitamin D levels linked to increased weight loss amongst dieters. According to a recent study of dieters placed on a caloric-restricted diet, vitamin D status played a significant role in the total amount of weight lost. For every increase of 1 ng/mL of 25-hydroxycholecalciferol, study participants ended up losing almost 0.2 kg more in total weight lost. Researchers concluded, "our results suggest the possibility that the addition of vitamin D to a reduced-calorie diet will lead to better weight loss." The study, funded by the National Institute of Health, the University of Minnesota, and the Penncock Family Endowment at the University of Minnesota, was presented at the Endocrine Society's 91st Annual Meeting in Washington, DC.

Questions? Comments?
Biotics Research Corporation
wants to hear from you!



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