



Weekly Practice Builder

In response to increasing demand from Practitioners, Biotics Research has developed the Weekly Practice Builder program to bring important, leading-edge information and literature to you, thereby helping facilitate the growth of your practice. Biotics Research products are available exclusively through Healthcare Providers.

D.S.D. International • 11001 N. 24th Ave., Suite 603 • Phoenix AZ 85029
Toll Free: (800) 232-3183 • Email: dsdint@uswest.net

Our featured supplement of the week is **Bio-FCTS™**

Why do your patients need Bio-FCTS™? Bioflavonoids are a class of plant secondary metabolites commonly used for their wide variety of biological properties. They impact allergic and inflammatory responses, possess anti-microbial properties, and function as antioxidants to protect against free-radical damage. Components of **Bio-FCTS™** are known to support immune function and protect against capillary fragility. **Bio-FCTS™** may prove helpful in providing support for those with tissue damage and inflammation issues, as well as circulation and immune response challenges. Patients with less than optimal diets or those consuming certain classes of medications including barbiturates, oral contraceptives, antibiotics, corticosteroids, or hormonal replacement therapy may have increased needs for vitamin C and bioflavonoids.



Why choose Bio-FCTS™ from Biotics Research Corporation? **Bio-FCTS™** is a fortified bioflavonoid product available exclusively through Biotics Research Corporation. Each capsule contains 100 mg of quercetin, 75 mg of vitamin C, and 440 mg of a proprietary blend of buckwheat culture, green tea extract (40% catechins), citrus bioflavonoids, neonatal thymus (bovine), and neonatal spleen (bovine). Although bioflavonoids are present in all botanicals, fruits, and vegetables – **Bio-FCTS™** contains potent phytonutrients and glandular sources specifically known for their bioactivity. Once again, Biotics Research Corporation brings you "The Best of Science and Nature".

Studies You Should Know About

Researchers recommend the establishment of a Dietary Reference Intake (DRI) for EPA and DHA to reduce the risk of heart disease. A comprehensive review of studies on the benefits of omega-3 fatty acids have led to recommendations for the formal establishment of DRI's for eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) to be between 250 to 500 mg/day. *Harris WS, Mozaffarian D, Lefevre M, Toner CD, Colombo J, Cunnane SC, Holden JM, Klurfeld DM, Morris MC, Whelan J. Towards Establishing Dietary Reference Intakes for Eicosapentaenoic and Docosahexaenoic Acids. The Journal of Nutrition, February 25, 2009.*

Vitamin K2 may boost bone health in prepubescent children and protect against osteoporosis in later life. Dutch researchers reported that daily supplementation of vitamin K2 significantly improved levels of osteocalcin – a vitamin K dependent protein essential for the utilization of calcium in bone. Further research was recommended to determine the extent of vitamin K2's benefits on healthy bone formation. *van Summeren MJH, Braam LAJLM, Lilien MR, Schurgers LJ, Kuis W, Vermeer C. "The effect of menaquinone-7 (vitamin K2) supplementation on osteocalcin carboxylation in healthy pre-pubertal children". British Journal of Nutrition Published online ahead of print, doi:10.1017/S0007114509382100, May 19, 2009.*

Questions? Comments?
Biotics Research wants to hear from you!



Email us at:
dsdint@uswest.net



Visit our website at:
www.bioticsresearch.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.