



WPB - 07/44

Weekly Practice Builder

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In response to increasing demand from our Practitioners, Biotics Research has implemented a new e-mail program to bring important, leading-edge information and literature to you and thereby help facilitate the growth of your practice. Biotics Research products are available exclusively through Healthcare Providers.

Our featured supplement of the week is **BioDoph-7Plus™**

Why will patients benefit from BioDoph-7 Plus™? The modern dilemma is that allergies and chronic health conditions are on the rise. Antibacterial soaps, washes, and wipes, chronic dehydration, mercury amalgams, total toxin load, and nutrient deficient diets have become a scourge on friendly bacteria. Documented research has indicated important benefits associated with the use of probiotic bacteria, including improved digestion, enzymatic activity, and overall modulating effects on the immune system.

Why BioDoph-7 Plus™ from Biotics Research Corp.? Formulated in collaboration with Dr. Gary Lasneski, **BioDoph-7 Plus™** contains a specific blend of 3 prebiotics and 7 probiotics extensively tested to ensure optimal colonization with bacterial strains recognized for their bioactivity. Each capsule contains 20 billion viable organisms at the time of manufacture and consists of a proprietary blend of Inulin (from Chicory root), Arabinogalactans (from Larch), Marshmallow Root (extract), Bifidobacterium bifidum, Bifidobacterium lactis, Bifidobacterium breve, Lactobacillus paracasei, Lactobacillus plantarum, Lactobacillus salivarius, and Streptococcus thermophilus. As always, you can count on Biotics Research Corporation to offer superior nutritional products supplying "The Best of Science and Nature".



Studies you should know about:

Vitamin D deficiency remains common in children and adults. *In utero* and during childhood, vitamin D deficiency can cause growth retardation and skeletal deformities and may increase the risk of hip fracture later in life. Vitamin D deficiency in adults can precipitate or exacerbate osteopenia and osteoporosis, cause osteomalacia and muscle weakness, and increase the risk of fracture. It is now known that most tissues and cells in the body have a vitamin D receptor, and the role that vitamin D can play in decreasing the risk of many chronic illnesses such as common cancers, autoimmune diseases, infectious diseases, and cardiovascular disease is of great interest.

(HOLICK, M. VITAMIN D DEFICIENCY. *N ENGL J MED* 2007;357:266-81)

An analysis was conducted to determine the efficacy of calcium alone and calcium plus vitamin D in reducing incident cancer risk of all types. The 4 year study of nearly 1,200 healthy postmenopausal women (>55 yr) was a population-based, double-blind, randomized placebo-controlled trial. When analyzed by intention to treat, cancer incidence was lower in the calcium & D women than in the placebo control subjects. However, in multiple logistic regression models, both treatment and serum 25-hydroxyvitamin D concentrations were significant, independent predictors of cancer risk.

(LAPPE, J ET AL. VITAMIN D AND CALCIUM SUPPLEMENTATION REDUCES CANCER RISK: RESULTS OF A RANDOMIZED TRIAL. *AM J CLIN NUTR* 2007;85:1586-91.)

Questions? Concerns?
Comments? Biotics Research
wants to hear from you!



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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