



WPB - 08/25

## Weekly Practice Builder

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In response to increasing demand from Practitioners, Biotics Research has developed the Weekly Practice Builder program to bring important, leading-edge information and literature to you, thereby helping facilitate the growth of your practice. Biotics Research products are available exclusively through Healthcare Providers.

### Our featured supplement of the week is **EFA-Sirt Supreme™**

**Why do your patients need EFA-Sirt Supreme™?** EFA-Sirt Supreme™ supplies a unique, highly concentrated essential fatty acid blend, providing an extremely effective relative combination of EPA, DHA and GLA, with all natural mixed tocopherols, specially formulated to be high in  $\gamma$ -Tocopherol. A large amount of supportive scientific research shows that the consumption of Eicosapentaenoic acid (EPA) and Docosahexaenoic acid (DHA) Omega-3 fatty acids may reduce the risk of coronary heart disease. Omega-3 fatty acids have been shown to affect platelet aggregation, blood viscosity, plasma levels of fibrinogen, PF4 and beta-thromboglobulin and capillary flow. These effects are believed to be functions of membrane fluidity. Omega-3 fatty acids support healthy blood lipid profiles, normal healthy blood pressure, stimulate Nitric Oxide (NO) and support healthy, normal blood sugar and insulin levels. Omega-3 fatty acids help to suppress ACE, TGA beta, SREBP and function as PPAR agonists. Additionally, Omega-3 fatty acid supplementation increases fatty acid oxidation, which research suggests helped to decrease adipose tissue and serves to improve endothelial function. DHA is not only essential for neural function, but it is an important component of cell membranes and supports normal healthy blood pressure. DHA is converted by several mechanisms into docosatrienes and resolvins, which have anti-inflammatory properties. According to the research, their activity may very well be due to the fatty acids effects modifying genetic expression. Gamma linolenic acid (GLA), the good Omega-6 fatty acid, is elongated to DGLA, the biologically active form from which eicosanoids are derived. DGLA metabolites reduce the formation of arachadonate-derived prostaglandins, leukotrienes, platelet-activating factors, and supports normal healthy blood pressure. Collectively, this superior combination of essential fatty acids provide a balance of key nutrients that current research has shown to support healthy cardiovascular function.



**Why EFA-Sirt Supreme™ from Biotics Research Corporation?** Following several years of research and clinical evaluations, Dr. Mark Houston, Associate Clinical Professor of Medicine at Vanderbilt Medical School and Director of Hypertension Institute and Vascular Biology in Nashville, in conjunction with scientists at Biotics Research Corporation, have developed a unique essential fatty acid supplement: **EFA-Sirt Supreme™**. Each serving of **EFA-Sirt Supreme™** supplies on average 750 mg of GLA, 900 mg of EPA, and 600 mg of DHA, making it a superior fatty acid supplement and an ideal stand alone product or adjunct to **VasculoSirt™**, **ResveraSirt-HP™** and **CoQ-Zyme 30™**. As always, Biotics Research Corporation brings you "The Best of Science and Nature".

**Questions? Comments?**  
Biotics Research wants to hear from you!



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.