



WPB - 08/16

## Weekly Practice Builder

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In response to increasing demand from Practitioners, Biotics Research has introduced the Weekly Practice Builder program to bring important, leading-edge information and literature to you, thereby helping facilitate the growth of your practice. Biotics Research products are available exclusively through Healthcare Providers.

### Our featured supplement of the week is **Liquid Iodine Forte™**

**Why do your patients need Liquid Iodine Forte™?** Iodine, an essential trace mineral necessary for the production of thyroxine (T4), is often found lacking in the typical western diet. Approximately 80% of the dietary intake of iodine is sequestered by the thyroid gland. However, other tissues concentrate iodine as well, including salivary glands, gastric mucosa, choroid plexus, ovaries, and lactating mammary glands. Decreased iodine status negatively impacts thyroid function and studies have also correlated iodine deficiency to having a substantial impact on cognitive and neurological development and function of the fetus and neonate.



**Why choose Liquid Iodine Forte™ from Biotics Research Corporation?** **Liquid Iodine Forte™** is another innovative product brought to you by Biotics Research Corporation. This highly bioavailable source of supplemental iodine (as potassium iodide) in an aqueous form, allows the practitioner ultimate flexibility in dosing titration. Moreover, there is no risk of heavy metal contamination as it is not derived from sources with known contaminants such as sea vegetation. Suitable for all population groups, **Liquid Iodine Forte™** contains 150 mcg of iodine per drop, and can be taken on its own or readily mixed into a beverage of choice. As always, you can count on Biotics Research Corporation to provide you with the "Best of Science and Nature".

### Studies You Should Know About

**Alcoholic livers may benefit from probiotic supplementation.** A study published in the *Journal of Hepatology* found that patients supplemented with probiotics noted improvements in the immune function of white blood cells. Stadlbauer V, Mookerjee RP, Hodges S, Wright GAK, Davies NA, Jalan R. "Effect of probiotic treatment on deranged neutrophil function and cytokine responses in patients with compensated alcoholic cirrhosis" *Journal of Hepatology* (Elsevier) 25 March 2008, doi: 10.1016/j.jhep.2008.02.015.

**Higher intake of calcium and vitamin D associated with lowered breast cancer risk.** Researchers from Brigham and Women's Hospital and Harvard Medical School suggest that pre-menopausal woman with the highest intakes of both calcium and vitamin D, from dietary and supplemental sources, may lower their risk of developing breast cancer by nearly 40%. Lin J, Manson JE, Lee IM, Cook NR, Buring JE, Zhang SM. "Intakes of Calcium and Vitamin D and Breast Cancer Risk in Women". *Archives of Internal Medicine*. Volume 167, Number 10, Pages 1050-1059.

Questions? Concerns?  
Comments? Biotics Research  
wants to hear from you!



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