



WPB - 08/20

## Weekly Practice Builder

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In response to increasing demand from Practitioners, Biotics Research has introduced the Weekly Practice Builder program to bring important, leading-edge information and literature to you, thereby helping facilitate the growth of your practice. Biotics Research products are available exclusively through Healthcare Providers.

### Our featured supplement of the week is **NutriWell Caps™**

**Why do your patients need NutriWell Caps™?** Back by popular demand, but repackaged for your convenience, **NutriWell Caps™** contains all of the same components as the original **NutriWell Packs™**. Each bottle of **NutriWell Caps™** supplies capsules designed to support and fortify the body's digestive, waste, immune, circulatory, and endocrine systems. It also helps to enhance one's frequency level, contributing to overall wellness and improved being. **NutriWell Caps™** are excellent as a stand-alone product or as an adjunct to any nutritional protocol.

**Why NutriWell Caps™ from Biotics Research Corporation?** This unique supplement fulfills an inclusive array of needs for the practitioner. The comprehensive formula includes: HCl forms of Betaine, L-Lysine and L-Arginine, nutrients essential in the maintenance of stomach pH, and known to support a healthy digestive system and gastric environment. Pancrelipase (porcine) and whole beet concentrate support essential fat digestion and utilization, as well as the body's detoxification activities. Gamma oryzanol supports the body's natural production and release of growth hormone, and possesses significant antioxidant activity. Immunoglobulin G (IgG) is especially useful in supporting healthy immune function. The proprietary blend of neonatal glandulars provides the widest array of organ/glandular support. Whenever possible, our neonatal glandulars are utilized for their superior quality and effectiveness, providing support from tissues in their most anabolic state, protected by the placental barrier, having not been exposed to the pollutants and environmental stresses of common glandular materials. As always, you can count on Biotics Research Corporation to provide you with the "Best of Science and Nature".



### Studies You Should Know About

**CoQ10 may reduce muscle injuries in athletes** A recent Japanese study using athletes found that CoQ10 supplementation led to significantly lower levels of muscle injury as compared to placebo. Protective effects were noted after a short period of time: a mere twenty days. *Kon, K. Tanabe, T. et al. "Reducing exercise-induced muscular injury in kendo athletes with supplementation of coenzyme Q10." British Journal of Nutrition Published online by Cambridge University Press 20 Feb 2008, doi:10.1017/S0007114508926544.*

**Post-prandial use of psyllium may reduce risk of cardiovascular disease.** Australian researchers found significant positive changes in serum markers in overweight and obese men supplemented with psyllium post-prandially. A single dose of psyllium caused a decrease in arterial exposure to TAG and modified chylomicron responses. *Khossousi A, Binns CW, Dhaliwal SS, and Pal S. "The acute effects of psyllium on postprandial lipaemia and thermogenesis in overweight and obese men." British Journal of Nutrition (2008), 99:1068-1075 Cambridge University Press. doi:10.1017/S0007114507864804*

**Questions? Concerns?  
Comments? Biotics Research  
wants to hear from you!**



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