



Weekly Practice Builder

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In response to increasing demand from Practitioners, Biotics Research has developed the Weekly Practice Builder program to bring important, leading-edge information and literature to you, thereby helping facilitate the growth of your practice. Biotics Research products are available exclusively through Healthcare Providers.

Our featured supplement of the week is **ADB5-Plus™**

Why do your patients need ADB5-Plus™? Adrenal fatigue is considered one of the most prevalent debilitating conditions of the past fifty years, affecting millions each year. Despite its commonality, it often goes undiagnosed. The adrenal glands play an essential role in many bodily functions, including stress adaptation and regulation. Specific nutrients, known to provide valuable support for the adrenals, can offer complementary and restorative features to overstressed adrenals. For example, pantothenic acid (vitamin B5) plays an important role in energy production, and a deficiency has been correlated to disruptions in or abnormal neurotransmitter production, resulting in difficulty in dealing with stressful situations. Pantothenic acid is essential in the formation of coenzyme A (CoA), as the initial step in the synthesis of CoA is phosphorylation of pantothenate. CoA is required in the synthesis of the neurotransmitter, acetylcholine, a chemical required for nerve transmission. Accordingly, pantothenic acid is sometimes referred to as the "antistress" vitamin.



Why ADB5-Plus™ from Biotics Research Corporation? ADB5-Plus™ offers a comprehensive choice for adrenal support, incorporating a diverse array of vitamins, minerals, botanicals and glandular components to provide restorative attributes to overstressed adrenals. In addition to pantothenic acid, **ADB5-Plus™** provides key components known to support adrenal function, including vitamin C, the B-complex vitamins thiamine, riboflavin, niacin, vitamin B6, vitamin B12 and folic acid, along with NAC, adrenal glandular concentrate, *Rhodiola rosea* and mushroom derived Tyrosinase. As always, Biotics Research Corporation brings you "The Best of Science and Nature".

Questions? Comments?
Biotics Research wants to
hear from you!



Email us at:
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Studies You Should Know About

Fish oil supplementation providing Omega-3 fatty acids inhibit the adrenal activation elicited by stress. A French study demonstrated that as little as 3 weeks of fish oil supplementation elicited a significant, positive effect on adrenal function.

Delarue J, Matzinger O, Binnert C, Schneiter P, Chioléro R, Tappy L, Fish Oil Prevents the Adrenal Activation Elicited by Mental Stress in Men. Diabetes Metabolism. 2003 June; 29(3):289-95.



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